



Celiac Disease (1 Volume Set) (Paperback)

By Sylvia Llewelyn Bower

ReadHowYouWant.com Ltd, Canada, 2011. Paperback. Book Condition: New. [Large Print]. 254 x 197 mm. Language: English . Brand New Book ***** Print on Demand *****.What do osteoporosis, anemia, diabetes and depression have in common? They can all be caused by celiac disease. Celiac disease, also known as gluten intolerance, is a major problem for millions of Americans. The Celiac Disease Foundation estimates that 2 million adults, children, and infants, or 1 in 133 people in the United States, have celiac disease. Celiac disease is hereditary and can affect entire families. This digestive disorder is caused by a sensitivity to the protein gluten in wheat flour, which in turn can damage the small intestine and interferes with the absorption of nutrients from food. Symptoms range from diarrhea, weight loss, and abdominal pain to fatigue, depression, and malnutrition. Celiac Disease; A Guide to Living with Gluten Intolerance is the first book on this important topic co-written by a nurse, a dietitian, and a clinical pharmacist. The authors' diverse backgrounds ensure complete and clear information on all aspects of this disease, including symptoms, diagnosis, management, complications, and current research. While many cookbooks and dietary manuals on gluten intolerance exist, Celiac Disease is...



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