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Good Food: Recipes for Kids: Triple-tested Recipes

By Angela Nilsen, Jeni Wright

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Good Food: Recipes for Kids: Triple-tested Recipes, Angela Nilsen, Jeni Wright, Preparing fresh and healthy dishes and then getting your child to eat them can seem far from an easy task for busy parents. With this inspirational collection of recipes taken from Britain's top-selling BBC Good Food Magazine, the Good Food team prove you don't have to devote hours to a hot stove to give your children home-cooked meals, and fast food doesn't have to mean deep-fried or mass produced. Full of quick, easy and nutritional recipes using practical ingredients, a nutritional breakdown so you know exactly what you're giving your child and full-colour photos of each dish, this compact cookbook is a must for parents.



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