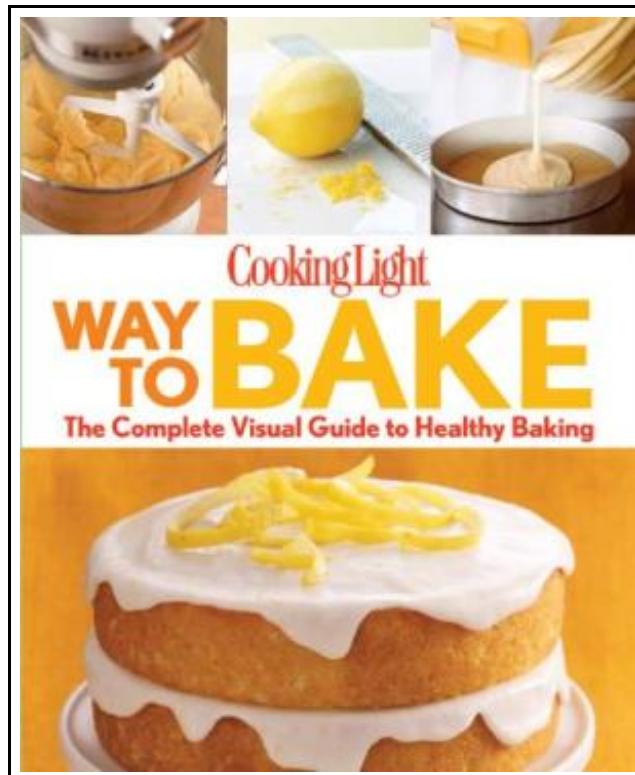


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COOKING LIGHT WAY TO BAKE: THE COMPLETE VISUAL GUIDE TO HEALTHY BAKING

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Oxmoor House. 1 Flexi-binding(s), 2011. soft. Book Condition: New. With the right proportion of ingredients and a few essential facts and easy-to-learn skills, you can make your "light" baked goods shine. Shown in more than 300 color photographsincluding helpful, step-by-step images200 recipes are featured here, including Spiced Pumpkin Chiffon Pie, Lemon-Poppy Seed Pancakes, Bacon-Maple Waffles, Bittersweet Chocolate Scones, Honey-Gingerbread Muffins, Apple-Date Bars, Fortune Cookies, and Double Mango Pudding, while a section on breads provides tips on making bagels, cinnamon rolls, and soft pretzels. Also included are a nutrition guide, a metric equivalents table, and a baking substitution chart. 424.

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